

In Association with Wales Adoption Cohort Study

No Matter What An Adoptive Family's Story of Hope, Love and Healing

Sally Donovan
2013 | 352pp | 9781849054317
| pb | £9.99

'I love you, no matter what.'

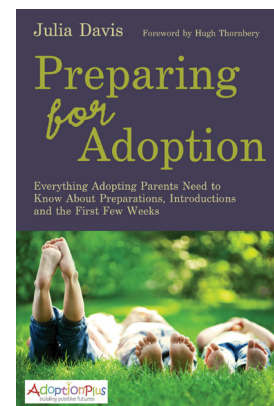
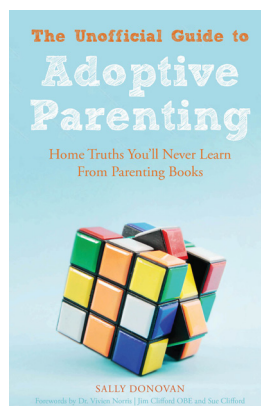
An uplifting true story of an ordinary couple who build an extraordinary family, No Matter What describes how Sally and Rob Donovan embark upon a journey to adopt following a diagnosis of infertility.

Sally brings to life with characteristic wit and honesty the difficulties of living with infertility, their decision to adopt and the bewildering process involved. Finally matched with young siblings Jaymey and Harlee, Sally and Rob's joy turns to shock as they discover disturbing details of their children's past and realise that they must do everything it takes to heal their children.

By turns tragic, inspiring and hilarious, Sally and Rob's story offers a rare insight into the world of adoptive parents and just what it takes to bring love to the lives of traumatised children.

'If you've ever wondered what it's like to adopt, this book holds the answer: it's hard, sometimes traumatic, and far from "normal family life". It's also special, joyful, and utterly transformative -- for parents as much as children. Yes our families are different; this book explains in both a moving and matter-of-fact way why we are proud to be so.'

-Baroness Oona King, adoptive mother



The Unofficial Guide to Adoptive Parenting The Small Stuff, The Big Stuff and The Stuff In Between

Sally Donovan
Nov 2014 | 256pp | 9781849055369 | pb | £12.99

Award-winning columnist and adoptive parent Sally Donovan offers savvy, compassionate advice on how to be 'good enough' in the face of both day-to-day and more bewildering challenges – how to respond to 'red mist' meltdowns, crippling anxieties about new routines and, most importantly, how to meet the intimidating challenge of being strong enough to protect and nurture your child.

'...honest, real and down-to-earth... Thank you Sally for helping us to understand what it is like; for showing us that therapeutic parenting can work even though the journey is a long one and for the wisdom that says give it a go and if you don't always follow the model that is okay too.'

-Dr. Kim S. Golding, Clinical Psychologist

Preparing for Adoption Everything Adopting Parents Need to Know About Preparations, Introductions and the First Few Weeks

Julia Davis
Oct 2014 | 208pp | 9781849054560 | pb | £12.99

The period before your child joins your family can be a chaotic time. Clear and positive, *Preparing for Adoption* equips you with the knowledge to create a safe and secure home for your newly adopted child; making it the ideal first book for prospective adopters.

'... I strongly recommend this book for anyone involved in a child's transition from foster care into an adoptive family. I wish it had been around when our family was starting out.'

Sally Donovan, adoptive mother and author of *No Matter What* and *The Unofficial Guide to Adoptive Parenting*

Why Can't My Child Behave?

Empathic Parenting Strategies that Work for Adoptive and Foster Families

Dr Amber Elliott
2012 | 248pp | 9781849053396 | pb | £12.99

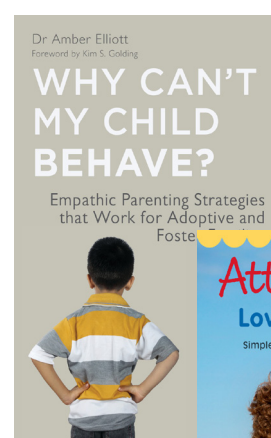
Friendly expert advice on how to respond to difficult behaviours and emotions for parents of children with developmental trauma. Each chapter focusses on the common difficulties and features quick, applicable ideas with exercises and illustrations. How do you react to a child's difficult behaviour? How do you deal with your own negative emotions? How do you know when to be empathic? The book looks beyond the traditional punishment/reward strategies and aims to provide an explanation for such questions whilst helping the child in the process.

Attaching Through Love, Hugs and Play

Simple Strategies to Help Build Connections with Your Child

Deborah D. Gray
April 2014 | 240pp | 9781849059398 | pb | £12.99

Capturing the warmth and fun of forming close relationships with children, this book offers simple advice to parents of children who find it difficult to attach. Attachment therapist Deborah D. Gray describes how to use the latest thinking on attachment in your daily parenting. She reveals sensory techniques which have proven to help children bond and explains why routines like mealtimes and play time are so important in helping children to attach.



A Place in My Heart

Mary Grossnickle

Aug 2014 | 32pp | 9781849057714 | hb | £9.99

Who are my birthparents? Is it okay to think about them? Can I care about all of my parents at once?

A Place in My Heart tells the simple story of Charlie, a chipmunk adopted by a family of squirrels, who starts to wonder about his birthparents. At first he is scared that this might upset his family but feels much better when he talks to his mother. The story reassures children that it is okay to ask questions about their birthparents without upsetting their "forever" (adoptive) parents.

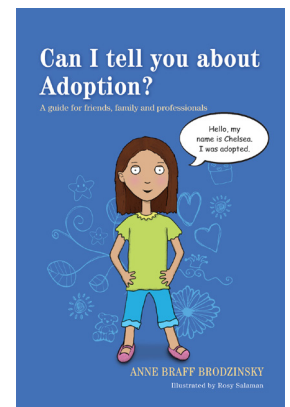
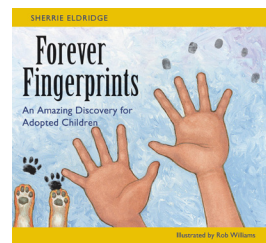
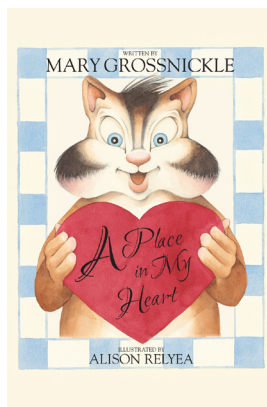
This fully illustrated picture book for adopted children aged 2-5 gives you an opportunity to discuss adoption, birthparents, and the fact that our hearts are big enough to hold everyone we care about.

'...one of the very best books for young adopted children (and their parents)'

-Beth Hall, Director, Pact An Adoption Alliance www.pactadopt.org, author of *Inside Transracial Adoption*



Visit the JKP website for lots more titles perfect for adoptive parents
www.jkp.com



Forever Fingerprints

An Amazing Discovery for Adopted Children

Sherrie Eldridge

Oct 2014 | 32pp | 9781849057783 | hb | £9.99

Forever Fingerprints is a heartwarming, fun story written for children aged 5-11 which uses an everyday experience to embark upon a gentle exploration of some of the difficult questions and feelings commonly expressed by children who are adopted. Adoption expert Sherrie Eldridge also provides a valuable 'Parent Tools and Activities' section, with ideas for creative activities and suggestions on how to explore issues such as belonging, identity, self-esteem and connection.

'...a fun read-aloud with great illustrations and I use it with the children I see. It gently introduces children to two ideas: that sadness over missing birthparents is normal, and that adoptive parents can be a source of help and comfort when they have difficult feelings.'

-Deborah D. Gray, therapist and author of *Attaching Through Love, Hugs and Play*, *Attaching in Adoption* and *Nurturing Adoptions*

Can I tell you about Adoption?

A guide for friends, family and professionals

Kim S. Golding and Daniel A. Hughes

2013 | 56pp | 9781849059428 | pb | £8.99

Meet Chelsea - a young girl who was adopted. Chelsea invites you to learn about adoption from her perspective and introduces us to two friends of hers who were also transracially adopted. Chelsea and her friends help children understand what it means to be adopted, the experiences and challenges that follow the adoption process, and how they can help.

Accessible and informative, this illustrated book is an ideal introduction to adoption for children aged 7+ and is a great tool for encouraging discussions.

'I think many adopted children will appreciate the straight talking on some of the emotional issues they face.'

- Sally Bell, adoptive parent

Check the box next to the title you'd like to receive as your free book:

- No Matter What
- The Unofficial Guide to Adoptive Parenting
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- A Place in My Heart
- Forever Fingerprints
- Can I tell you about Adoption?
- Attaching Through Love, Hugs and Play
- Why Can't My Child Behave



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