

Quality of Life Services

2 July 2014

WHY?



- Sodexo's deeply held conviction is that **improving Quality of Life** leads to the **progress of individuals** and contributes to the **performance of organisations**
- Our Institute's objective is to help Sodexo go beyond this 'deeply held conviction' and help it to affirm: "*We **know**, we **measure** – and we can **demonstrate** – that improving Quality of Life contributes to the progress of individuals and to the performance of organisations*"

POTENTIAL IMPACT

€ 18.4 bn
revenues

80
countries

428,000
employees

33,300
sites

75 million
consumers
served daily

18th
largest employer
worldwide

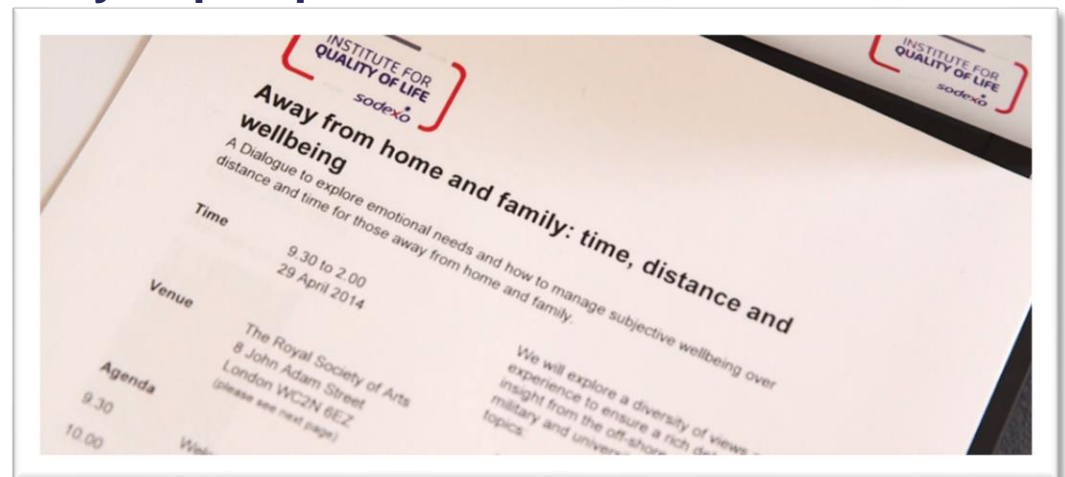
A RECENT INSTITUTE ACTION 29 APRIL 'DIALOGUE' IN LONDON

MANAGING PSYCHOLOGICAL WELLBEING OVER DISTANCE AND TIME

An exploration of how to manage wellbeing while away from home and family

With insight from a variety of perspectives:

- Remote Sites
- Defence
- Universities



29 APRIL 'DIALOGUE' IN LONDON

19 PARTICIPANTS

■ Key-note speakers:

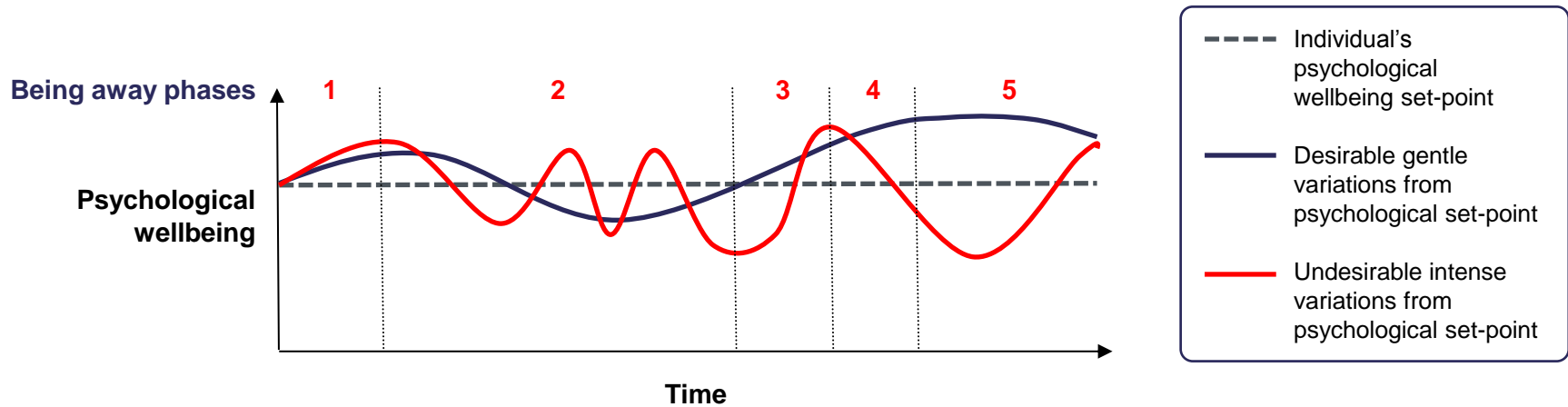
- Professor Andy Smith, Cardiff University
- Simon Seaton, Chief Operating Officer, Sodexo Remote Sites

■ Other participants:

- 5 UK universities – a combination of academics and student welfare officers
- a Sodexo off-shore client, UK regulator, trade association and trade union
- a leading responsible business NGO

29 APRIL 'DIALOGUE' IN LONDON A SIMPLE MODEL BASED ON FIVE PHASES

MANAGING PSYCHOLOGICAL WELLBEING OVER DISTANCE AND TIME



1. Preparing to leave

2. Being away

3. Preparing to return

4. Returning

5. Being back

THANK YOU

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